

# STUDENT ASSIST

*Building mental fitness. Together.*

*Student Assist is your coaching and counselling service providing confidential and short-term support.*

## CONVERGE INTERNATIONAL

The Converge International Student Assistance Program is there to provide you with professional counselling support in all areas of study, work and life.

## OUR SERVICES

When you access Student Assist, you will speak with a qualified, experienced counsellor across a range of issues including:

- Study, work and personal stress
- Homesickness and transition to life in Australia
- Personal and workplace relationships
- Emotional difficulties
- Communication and relationship tension, conflict and breakdown
- Grief and loss
- Sleep and fatigue
- Gambling, drug, alcohol and other addictions
- Anger and violence

## OUR COUNSELLORS

- Help you understand your personal strengths and assist in making good decisions
- Support you develop strategies to drive positive changes in behaviour and lifestyle
- Help you adapt to change and seize opportunities
- Provide coping strategies when dealing with difficult situations

## STUDENT ASSISTANCE PROGRAM

Your Student Assistance Program is:

**A confidential service**

**Available to all Students**

**Available for up to 2 sessions per issue**

Details of your discussion will not be shared with your education provider. You can read our Privacy Policy on our website.

## CONTACT US

To make an appointment to speak with a Converge International counsellor:



**1300 687 327**

Visit **[www.convergeinternational.com.au](http://www.convergeinternational.com.au)** and click on Contact Us to access our Live Chat service.



Download our App “**EAP Connect**” and connect with us through the Appointment icon

 **ECAGROUP**

 **ECA**  **ECA**  **ECA**

 **ECA**  **ECA**  **ECA**  **EL SIS**

 **APIC**

 **ACCLM**

 **Converge**  
international

### More Information

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# EAP Connect

*Your Mobile Solution for on the go EAP Support*



*EAP Connect by Converge International provides access to information, support, and practical solutions for issues that impact your work, health, and life – directly on your mobile device.*

Your employer provides you access to Converge International's holistic six stream EAP model allows you to address the concerns or issues that are holding you back in life.

Converge International's EAP Connect mobile app is free to download and provides you with 24/7 support and access to the EAP and wellbeing resources.

*EAP Connect provides you:*

- Information about Converge International's holistic EAP Programs
- Easy, click to call or email contact functionality
- Facility to make, change or cancel an appointment
- Emergency and Mental Health Resources contacts
- Tips and Articles



**Install today to find out more.**

To download search '**EAP Connect**' in your app store



Your organisation has partnered with Converge International to support you, download the app today to make an appointment, or call for a confidential discussion with one of our EAP consultants.

**More Information**

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